

Event promoted for and on behalf of Cycling Time Trials  
under its Rules and Regulations



## **Darlington CC Open 10 MILE TIME TRIAL**

***VTTA (North) event***  
***Including road bike category***

**Sunday 15 September 2024**

First rider off: 09:04



### **EVENT OFFICIALS**

Timekeeper: Geoff Watson  
Assistant Timekeeper: Mike Drake  
HQ: Steve Earle

Marshals, Event HQ – Members of Darlington Cycling Club (DCC)

### **EVENT SECRETARY**

Geoff Watson  
19 Halnaby Avenue  
Darlington  
DL3 8UH  
Mobile: 07914 577038  
Mobile during the event: 07714 675466 (Steve Earle at HQ)  
email: geoff\_watson@sky.com

### **EVENT HEADQUARTERS**

Leeming Village Hall  
Mill Lane, Leeming  
North Yorkshire  
DL7 9SS  
Open from 8:00 am on event day

## AWARDS

In response to the rising costs for staging cycle events, DCC is running its 2024 events programme without the provision of prizes. Instead DCC will make the event as sociable as possible with free post race food and drinks provided on the day. Any surplus funds will go towards rider development. It is hoped that riders will support this preference.

## COURSE RECORDS

This T104 course is a new route, hence there are no records set.

## COURSE DESCRIPTION:

The start of the course is located at a large gate entrance on the west side of the A6055, 0.3 miles north of the A684 roundabout (part of A1M Junction 51), at the most northern of two adjacent grates. The route runs north along the A6055 proceeding towards Catterick. After 2.38 miles the route crosses over the A1M on a high-rise bridge. After 4.6 miles the route passes junctions to both Catterick / Marne Barracks and Tunstall, riders should **take care** while passing these junctions. The route continues to the Pallett Hill roundabout (part of A1M Junction 52), located at 5.63 miles where it encircles the roundabout and returns south back along the A6055. After 6.70 miles riders should again **take care** while passing the junctions to Tunstall and Catterick / Marne Barracks. The route continues south again crossing over the A1M on the high-rise bridge at 8.93 miles. Continuing south the route finishes at a manhole cover at 10 miles in the east side verge of the A6055 (340 yards south of the gate on the west side with the "Access to Pollution Valve" sign, and 1.28 miles north of the start).

**Downloadable Course Map:** <https://www.plotaroute.com/route/2613685?units=miles>

## HEADQUARTERS

On race day, the HQ will be open from 08:00.

You must sign in and out from the event - failure to do both will result in disqualification. Don't forget to return your number after you finished and please stay for tea / coffee / cake while we prepare the provisional results sheet.

## Finding the HQ

The HQ is at Leeming Village, not Leeming Bar. The nearest junction off the A1M is Junction 51. The Village is immediately adjacent (North West) of RAF Leeming on Roman Road. Mill Lane is directly opposite The Willow Tree Inn.

## Parking

Nobody should park in the village itself or directly outside the hall (except officials). This is an agreement we have with the trustees of the hall. Please respect this at this sensitive time. Parking in the area is not difficult, particularly along the perimeter to the adjacent RAF Leeming Airfield – towards Londonderry. This is less than 0.5 miles from the HQ. Ideally ride or walk to the HQ please.

### Directions from HQ to Start:

Approximately 1.9 miles

- Exit the village hall and at the main road turn left in a northwards direction along Roman Road.
- In Leeming Bar village, at the Bedale / Northallerton road T-junction (Co-op on right), turn right towards Northallerton and then left at the nearby mini-roundabout onto Leases Road towards Industrial Estate, Wensleydale Railway.
- At the A684 roundabout exit via the 1<sup>st</sup> junction along the A684 heading west toward junction 51 of the A1M.
- At the first A1M junction roundabout (east of A1M) take the 2<sup>nd</sup> exit and continue to the second A1M junction roundabout (west of A1M).
- At the second A1M junction roundabout take the 3<sup>rd</sup> exit onto the A6055 heading north.
- The start is located 0.3 miles from the roundabout.

Or alternatively:

Approximately 2.4 miles

- Exit the village hall and at the main road turn left in a northwards direction along Roman Road.
- In Leeming Bar village, at the Bedale / Northallerton road T-junction (Co-op on right), turn left towards Bedale, under the A1M flyover, and left past Leeming Services.
- Having passed the Services take the 1<sup>st</sup> exit from the roundabout heading north on the A6055.
- Continue north along the A6055 to the westerly roundabout at junction 51 of the A1M.
- At the roundabout take the 2<sup>nd</sup> exit continuing on the A6055 heading north.
- The start is located 0.3 miles from the roundabout.

### Directions from Finish to HQ:

**DO NOT attempt to U-turn within the vicinity of the finish, see Regulation 2 below!**

- Continue straight ahead in a southerly direction along the A6055 to the westerly roundabout at junction 51 of the A1M.
- From this point retrace the route described above from HQ to the start but in the opposite direction.

### WARMING UP

Please do not warm up on the course once the event is in progress. The A6055 south of the A1M junction 51 westerly roundabout could be used for this purpose albeit the roundabout can be very busy. Use at your own risk. **If warming up using a SMART trainer please ensure you are well away from any residential property.**

## START LINE PROTOCOL

Remember you must wear a **safety helmet** and have your bike equipped with a working **front and rear light** – you will not be permitted to start without this equipment.

No rider should leave **any** garment with the start officials as problems have been experienced previously returning such and it is a distraction.

## Additional Notes and Local Regulations:

1. No 'Warming up' by competitors is allowed on the course once the event has started. Please respect this and ensure your vehicle is not on, or on the verge, of any part of the A6055 that is used by competitors.
2. No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
3. After you have finished, on your return to HQ, continue passed the start but do not stop while riders are still being set off. Use the route described above.
4. Marshals are placed to direct competitors ONLY. They have no powers to stop/direct other road users.
5. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
6. Parental Consent forms are required for riders under the age of 18. All riders in this category must provide a completed and signed (original) Parental consent form on race day before they will be allowed to sign on. <https://www.cyclingtimetrials.org.uk/documents/index/guardians>

## ROAD BIKES

### Definition:

The current definition used by the CTT will be utilised.

Extract from CTT rules below. 29. Road Bike Criteria (Regulation 14, 14I - Section: Competitors)

- a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.
- b) Helmets used in Road Bike category events must not cover the ears or have a tear drop / pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).

**In addition:**

- a) For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting their forearms on the handlebars.
- b) **When signing on** YOU MUST tick the required column to indicate that you are competing on a road bike. The onus is on you. If you do not tick the column, we will not know you want inclusion in the road bike category and you will be incorporated into the main field.
- c) Use of skinsuits is permitted.

**Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above will result in the competitor being excluded from the road bike category/result, but included in the open event result.**